



Camp on the shore of the Yellow Lagoon at 4,200 m.

ALTITUDE 4,200 m	DURATION 2 days / 1N	GRADE Trekking · Moderate	SEASON June to September (driest window); year-round with proper gear	MEETING POINT Cuenca & Riobamba (pickup)	ACTIVITY 6 to 8 hours of trekking to high camp
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ITINERARY

DAY 01

- Departure from Cuenca

Early meet-up in Cuenca and drive north toward Sangay National Park.
- Trailhead (3,000 m)

Start hiking dressed and ready, with your day pack set. Bring your printed liability waiver.
- Polylepis forest

We cross the polylepis forest while pack mules carry the gear up the Collanes valley.
- Climb to the Yellow Lagoon

Final push up to the lagoon, with roughly 200 m of elevation gain on the last stretch.
- High camp (4,200 m)

We pitch four-season tents facing the lagoon, run the evening briefing, and rest.

DAY 02

- Sunrise & Wim Hof

Sunrise over the Yellow Lagoon and, weather permitting, a Wim Hof session in the water.
- Breaking camp

Breakfast, camp teardown, and start of the return leg from the forest.
- Descent & return

Hike down to the van and drive back to Cuenca, returning to the same meeting point.

INCLUDED

- Certified mountain guides
- Transport from Cuenca
- High camp with four-season tents
- Sangay National Park permits
- Hot drinks throughout
- Pack mules for gear
- High-altitude photography
- Training sessions

NOT INCLUDED

- Personal gear (three-layer system)
- Sleeping bag and pad, available for rent from PEAKS
- Meals (one lunch, one dinner and one breakfast)
- Activities not listed in the itinerary

REQUIREMENTS

Good physical condition for high-altitude hiking, plus warm, waterproof clothing to guard against hypothermia at camp. Trekking poles are recommended, and we suggest using the pack mules to carry your gear on the approach. Attending the training sessions is mandatory.

Ask for dates & a quote

Prices and spots via WhatsApp · Non-refundable deposit to book

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